

Your Bubble

But Better

Summer travel plans don't always work out, but that doesn't mean you have to miss out on the fun. A "staycation" can be the answer to having an enjoyable time right at home.

We mean to plan time away, but then life happens.

- ✗ The timing is off.
- ✗ Expenses pile up.
- ✗ Schedules don't line up.
- ✗ Travel costs climb.
- ✗ Planning feels overwhelming.

The benefits of spending time off in our own "home sweet home."

- ✓ No rushing.
- ✓ Less stress.
- ✓ Sleep in your own bed.
- ✓ Save on gas, hotels, meals, etc.
- ✓ Time to slow down and do "nothing."

Vacation Destination *Your Home!*

A “staycation” doesn’t have to be boring. Here are some great ideas on how to have a fun, relaxing and refreshing time.

Just for You

- Sleep in without guilt.
- Binge movies/shows.
- Have an in-home spa day.
- Read a book.
- Tackle a fun DIY project.
- Use your best dishes for a special meal.
- Plan a digital detox day.
- Catch up with someone for an overdue chat.

With the Family

- Have a family dance-off or karaoke night.
- Eat breakfast for dinner.
- Backyard camping with a firepit or s'mores.
- Go stargazing.
- Have a picnic or potluck with neighbors.
- Let kids be in charge of the day's plans.
- Purchase inexpensive toys like bubble wands, badminton and hula hoops.
- Plan a scavenger hunt.



I hope your summer brings plenty of time to relax, recharge and enjoy moments with family and friends. Oh, by the way...if someone you know could benefit from the service and care I provide, I would appreciate your referral and the chance to help them.